



the OUTRIGGER

R. Baker & Son Magazine
Disabled Veteran Owned and Operated

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R. BAKER & SON in the LEED on GREEN since 1935

With alarming environmental topics like global warming and energy costs dominating our headlines, "green" has the word in business today. At long last, American industry is finally recognizing the importance of taking steps to reduce their impact on our fragile environment. For R. Baker & Son, though, "being green" is nothing new; we have been providing environmental services since 1935.

One approach that the construction industry has taken toward protecting our environment and saving energy is the LEED (Leadership in Environmental and Energy Design) Green Building Rating System. LEED is the U.S. Green Building Council's nationally accepted benchmark for environmentally sustainable construction. Buildings that are LEED-certified have been shown to provide healthier work and living conditions, greatly reduce environmental impact, and are more energy efficient.

R. Baker & Son has always been committed to providing clients with projects that go well above and beyond basic code compliance. That is why R. Baker & Son clients who are seeking LEED certification are always ensured that they will receive all available rating points in categories pertaining to our portion of their project.

To learn more about R. Baker & Son's commitment to protecting our environment, please visit our Environmental Services page on our website.

Here are a few of the categories where R. Baker & Son can help clients earn LEED points:

- ◆ Recycling of demolition materials
- ◆ Recycling of new construction materials
- ◆ Brown field development
- ◆ Selection of existing site reuse
- ◆ Reuse of existing materials



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Inhaled Insulin Project: "Demo with a Scalpel"

Mannkind Corporation, located in Danbury, CT, marked the completion of its new state-of-the-art inhaled insulin manufacturing facility in a recent dedication ceremony. With diabetes becoming increasingly prevalent in the US, Mannkind is forging a new front with their innovative rapid-acting insulin product.

R. Baker & Son performed strategic demolition of the existing building utilities and systems in making way for the new equipment and manufacturing areas. This complicated project entailed removing old systems as new systems were simultaneously coming on line, a practice that is increasingly becoming the norm on fast track projects where clients require rapid progress with little to no disruption. R. Baker & Son's Art Sferlazzo characterized it as "demolition with a scalpel".

As usual, R. Baker was up to the challenge, and the project was completed under budget and ahead of schedule, with quality intact. We are proud to have participated in Mannkind's important and groundbreaking endeavors, and we wish them much success.



Congratulations to R. Baker & Son's most recent Quality Award winner:

Jason Paszkewicz

The Award Program has been established to recognize employees for their outstanding achievements in safety, project execution and customer satisfaction. Someone who has gone above and beyond the call of duty. The quarterly winner will receive a recognition quality pin, a \$100 dollar bill, a letter home to their family on their achievement and recognition in the company newsletter.

Our Warmest Wishes To You

As we look forward to the New Year with hope and promise, may the holiday season bring you joy and the warmth of fond memories with loved ones.



In the best of times, in the worst of times- it is the comfort of family and friends that is the greatest gift.

Happy Holidays to You & Yours!
- From All of Us at R Baker & Son

R.Baker & Son On The Science Channel



BLASTED...is an explosive guide into the art of demolition, profiling the people and machines that take down the largest structures in the world. Demolition expert and R. Baker & Son President David Baker was interviewed for the program and is featured frequently throughout the show.

BLASTED!

Discovery's Science Channel

January 3rd @ 8 pm & 11 pm

January 5th @ 3 am

Intrepid Photos Featured on ENR.com

Of all the projects R. Baker & Son took part in during 2008, the renovation of the USS Intrepid Sea, Air & Space Museum in NYC was perhaps the most renowned. R. Baker & Son was entrusted with the rigging, removal and care of some of our nation's most historical prized military aircraft and artifacts from the famed aircraft carrier, which celebrated its reopening last month after a two-year project.

Impressive photos of R. Baker & Son rigging aircraft from the carrier are currently being featured on ENR.com in their Jobsite Photo Showcase and The Year in Construction photo galleries, and are being considered in ENR's "best of the best" contest. Winners will be featured in ENR Magazine's Jan. 5, 2009, print issue, as well as in an online winner's gallery on ENR.com. Wish us luck!



R. Baker & Son, a veteran-owned company, would like to thank the exceptional men and women who have served our great country, and wish them a very Happy and Healthy Holiday Season. *-Walter Baker*

OSHA QUICK CARD

Lead In Construction

Lead exposure may take place in demolition, salvage, removal, encapsulation, renovation and cleanup activities.

Lead exposure -

- ◆ Use proper personal protective equipment (e.g., gloves, clothing and approved respirators).
- ◆ Wash hands and face after work and before eating.
- ◆ Never enter eating areas wearing protective equipment.
- ◆ Never wear clothes and shoes that were worn during lead exposure away from work.
- ◆ Launder clothing daily; use proper

Lead is a common hazardous element found at many construction sites. Lead exposure comes from inhaling fumes and dust, and lead can be ingested when hands are contaminated by lead dust. Lead can be taken home on workers' clothes, skin, hair, tools and in vehicles.

cleaning methods.

- ◆ Be alert to symptoms of lead exposure (e.g., severe abdominal pain, headaches, loss of motor coordination).

Use Respirators -

- ◆ Health effects vary with how long, and at what level, you are exposed. Asthmatics may be at greater risk.

Prevent Further Exposure -

- ◆ Ensure adequate ventilation.
- ◆ When outdoors, stand upwind of any plume.
- ◆ Use dust collecting equipment,

when possible.

- ◆ Use lead-free materials and chemicals.
- ◆ Use wet methods to decrease dust.
- ◆ Use local exhaust ventilation for enclosed work areas.

For more complete information visit the OSHA web site or call OSHA: www.osha.gov
800-321-OSHA

